



**Celeste Emelia Mattingly, LCSW**  
*Psychotherapist, Quantum Healing Facilitator*  
*Author & Creator of Celestial Psychology®*  
**Reconnecting Where Mind & Body Meet Spirit**

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**Evolutionary! Born April 8, 1951 ~ a seeker filled with awe & wonder ~ magnetic center.**

**Pilgrim on an eclectic and independent spiritual journey. Strives to manifest the Glory of Creation in all her affairs.**

**Walks the HOW (Honest Open-minded Willing) healing herself and others, raising the consciousness of the planet.**

**Transmits positive light, energy, information, frequency and vibration to all who work with her.**

### **Summary of Life Experience and Education:**

Survived Catholic High School – maintained reverence for the Christ Consciousness, while cultivating interest in world religions. Throughout high school studied Krishnamurti, philosophy, and Absurdist Theatre. Received kudos for essay writings on consciousness. *1965 to 1969.*

Attended UCONN and studied English, Dramatic Arts, and of course, Consciousness Raising (of the nonacademic type). "Grateful survivor of the seventies!" *1969 to 1972.*

Studied Metaphysics independently with various local groups. Authors included: Roberts, Nicolle, Gurdjeiff, Ouspensky, Wilber, Cayce, Keyes, and many others. Completed 40-Day Arica Training in Amherst, MA, with Oscar Ichazo of Arica Chile. Studied T'ai Chi, I Ching, Silva Mind Control, various world religions, and other divinely inspired techniques for Consciousness-Raising. *1970 to 1975.*

Fell asleep and fell deeply into the darkness of drink, drugs, dependency, and decadence. *1975 to 1984.*

Woke up! And began a rigorous path of Spiritual Awakening with relinquishment of substances; studied all the self-help fellowships and acquired mastery of the 12-Steps. **June 15, 1984 to present.**

Began reading and practicing the lessons of *A Course in Miracles*. *August 26, 1986 to present.*

Completed Bachelor's in Human Services with an *Applied Behavioral Science Focus*. *1992.*

Completed *Master of Social Work* with 4.0 average and kudos for exemplary clinical work, writing, and presentation skills. *1995.*

\*\*\*\*\***Founded Psychotherapy Healing Services, LLC. 1999 to present.**\*\*\*\*\*

\* Earned Reiki I & II level practitioner in the Usui tradition. *2002.*

\* Received ordination and honorary DDiv in the *original Universal Life Church*. *2002 to present.*

\* Achieved Certification as Reconnective Healing® Practitioner. *2008 to present.*

\* Completed Levels I-IV *Arcturian Healing Method* and various ongoing trainings with Energy Medicine Practitioner & Teacher, Eugenius Ang, PhD. *2008 to present.*

\* Studied Quantum Physics with Amit Goswami, PhD. *2019-2020.*

\* *Achieved Certification as a 13th Octave LaHoChi practitioner with Master-Teacher JP Schmitt. July 2024.*

\* *Completed the Master-Teacher Training for 13th Octave LaHoChi. April 2024.*

*Completed over 10,000 hours of extra-curricular studies on consciousness and energy medicine.*

Founded *The Center for Holistic Empowerment (TCHE)* Bloomfield, CT. *2009-2016.*

Founded *The Sanctuary for Celestial Empowerment (TSCE)*. West Hartford, CT. *February 2016 to 2020.*

Installed New England's First *Tachyon Chamber for Healing & Anti-Aging*. *2018 to present.*

**Created and Trademarked Celestial Psychology® 2008 to present.**

**Founder of Kaleidoscope for Becoming Podcast & Coaching Services, 2025.**

• *Author of: Kaleidoscope for BE~coming: A Grimoire of Revolution (2025).*

• *Celestial Psychology®: A Workbook of Chakras, Psychological Theory & Conscious Evolution (2012).*

• *Celestial Psychology®: A Guidebook for Creating Miracles, Luminosity & Conscious Evolution (Revised 2019).*

- \* Maintains caseload of approximately seventy adult clients for individual and group psychotherapy, energy medicine facilitations, and psychoeducation.
- \* Writes and presents professionally-accredited workshops for Social Workers and Licensed Clinicians of various disciplines on a variety of spiritually-oriented topics, such as, *Working with the Spiritually-Emergent Client*.
- \* Promoted and hosted other practitioner's events & workshops.
- \* Provide and maintains excellently-rated facilities.
- \* Design, marketing, advertising, and professional newsletter skills.